

IFST SPOOK SPLASH INVITATIONAL October 23 - 24, 2009

SPONSOR: IDAHO FALLS SWIM TEAM, Idaho Falls, Idaho

SANCTION: This meet is held under sanction of USA Swimming and Snake River Swimming, Inc., Sanction 09-14. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

DATE: Friday, October 23 and Saturday, October 24, 2009

LOCATION: Idaho Falls Wes Deist Aquatic Center
149 East 7th Street
Idaho Falls, Idaho 83401
208 612-8519

The competition pool has not been certified in accordance with USA Swimming Rule 104.2.2C(4).

TYPE & FORMAT: Invitational Meet, Timed Finals

MEET DIRECTOR: Wendy Lowe
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Idaho Falls, ID 83404
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MEET REFEREE Al Luptak
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Idaho Falls, ID 83402 Phone: (home) (208) 525-2047; (work) (208) 526-2715
e-mail: luptak@cableone.net

TIME SCHEDULE:

Friday:

Mandatory Coaches meeting:	4:00 p.m.
Warm-ups 11 & U	4:15 p.m. to 4:45 p.m.
12 & O	4:45 p.m. to 5:20 p.m.
Officials meeting:	4:45 p.m.
Meet starts:	5:30 p.m.

Saturday:

Mandatory Coaches meeting:	6:45 a.m.
Warm-ups 11 & U	7:00 a.m. to 7:30 a.m.
12 & O	7:30 a.m. to 8:05 a.m.
Officials meeting:	7:30 a.m.
Meet starts:	8:15 a.m.

Warm-up groups may change per referee's discretion based on the entries.

A high school city and county swimming meet is scheduled to begin at 3:45 pm and as a result, all Spook Splash activities must conclude by 3:00 p.m.

- COURSE:** 8 lane, 25 yard indoor pool. Pool depth minimum is 3.5', maximum pool depth is 5.0'. Equipped with 8 KDI Paragon starting blocks, backstroke flags, and antiwave lane lines.
- TIMING:** Colorado Timing System Five with a full matrix LED eight lane scoreboard: Hy-Tek Meet Manager software with Timing Console Interface electronic starting strobe.
- ELIGIBILITY:** All swimmers must hold a current (2009 or 2010) USA Swimming registration card. Swimmer's age group will be determined by his/her age the first day of the meet, Oct. 23, 2009.
- ENTRIES:** Swimmers may enter two individual events on Friday and three individual events and two relays on Saturday.

Teams using Hy-Tek, Meet Manager, and Commlink II programs should send their meet entry file attached to an e-mail to daradyvo@cableone.net (**preferred**) or saved on a 3.5" floppy disk to the address below. A printout of entries must also be sent. If using the latest version of Team Manager and Commlink II, include relays on the disk. Include a printout of all relays. Entries must include the following information: Swimmer's name, age, registration number, team name, team code, event name and number, and best time in short course yards. "No times" will be allowed.

All entrants must be registered with USA Swimming no later than the entry deadline of October 14, 2009. Relay only swimmers must be on the team master entry form and surcharges paid.

Mail or e-mail entries to:

Idaho Falls Swim Team-Spook Splash
PO Box 2004
Idaho Falls, ID 83403-2004
Email: daradyvo@cableone.net

DEADLINE: **Entries must be received by Wednesday, October 14, 2009**

CONDUCT OF MEET: Current USA Swimming rules will apply. Snake River Swimming, Inc. safety guidelines and warm-up procedures will apply. A copy of the guidelines will be included in the heat sheets and posted at the pool. No diving or backstroke starts allowed from the blocks or edge of the pool during warm-ups. Racing starts will be allowed in designated sprint lanes the last 10 minutes of warm-ups.

Meet Marshals will be posted at each sprint lane during racing starts. Coaches are expected to actively supervise their swimmers.

Protests will be handled in the manner described in section 102.11 of the USA Swimming Rules and Regulations.

COACHES ARE RESPONSIBLE FOR GETTING SWIMMERS TO THEIR EVENTS. There will be no Bull Pen. To avoid overcrowded, unsafe situations, no chairs will be allowed on the pool deck.

All events are swum as timed finals. Coaches should report all event scratches prior to the start of the meet. All events will be pre-seeded. **Deck entries WILL NOT be accepted.** "No times" will be allowed.

Relay cards will be given to the coaches in their packets in the coaches meeting. Relay cards require FIRST AND LAST NAMES of the swimmers, in proper order, written on the back of the relay cards. Relay swimmers must be on the master entry form and all fees paid.

Events 500 yards and longer, at the discretion of the meet referee, may be deck seeded without regard to age and gender and may be swum fastest to slowest. These events will be scored separately according to age group. All swimmers in the 500 yard freestyle event must check-in with the Clerk of Course by 6:30 p.m. on Friday night. Each swimmer in the 500 freestyle must provide his/her own timers (two) and counter.

Each team will be expected to provide timers during the entire course of the meet each day. A sign-up sheet will be posted at the start end of the pool for volunteers from all the participating teams can sign up. IFST would appreciate the assistance of current officials who are current members of USA Swimming from participating teams as well.

The 2009 Spook Splash will conclude with the Great Pumpkin Relay!

- FEES:** An entry fee of \$21.00 per swimmer is required (\$1.75 Snake River Travel Fund, \$3.70 Pool fee, \$2.25 Timing system, \$13.30 awards & administrative). All fees must accompany entries. One check per team, please. Make checks payable to **Idaho Falls Swim Team.**
- AWARDS:** Every swimmer will receive a Halloween plush in high point order for their age, both for boys and girls. Events will be swum 8 & under, 9 & 10, 11 & 12, and 13 & over, but will be scored separately as 5 & under, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, and 18. The scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 by individual event. Relays will not be scored for individual points. There will be no team awards.
- CONCESSIONS:** Concessions will be available.
- HOSPITALITY:** A hospitality room for coaches and officials will be provided.
- EQUIPMENT:** Aquaholics

HOTEL
ACCOMODATIONS

A block of rooms has been reserved at the Hampton Inn located at 2500 Channing Way in Idaho Falls. The price of \$79.00 per night includes a room with two queen beds (or 1 king bed) and a buffet breakfast starting at 6:00 a.m. Families wanting to take advantage of the block of rooms should call (208) 529-9800 and request a room in the Spook Splash block of rooms no later than October 14, 2009. See attached map for directions between the hotel and the pool. (If anyone has a problem making a reservation should call Kassy Shephard at (208) 589-3264) for assistance.

Spook Splash Schedule of Events
Friday, October 23, 2009

Meet starts 5:30 p.m.

Female Event #	EVENTS	Male Event #
1	13 & over 100 yd Freestyle	2
3	11 & 12 100 yd Freestyle	4
5	9 & 10 100 yd Freestyle	6
7	8 & under 100 yd Freestyle	8
9	13 & over 200 yd IM	10
11	11 & 12 100 yd IM	12
13	9 & 10 100 yd IM	14
15	8 & under 100 yd IM	16
17	11 & over 500 yd Freestyle	18

Spook Splash Schedule of Events

Saturday, October 24, 2009

Meet starts at 8:15 a.m.

Female Event #	EVENT	Male Event #
19	8 and under 100 Medley Relay	20
21	9 & 10 200 yd Medley Relay	22
23	11 & 12 200 yd Medley Relay	24
25	13 & 14 400 yd Medley Relay	26
27	15 and over 400 yd Medley Relay	28
29	8 & under 25 yd Butterfly	30
31	9 & 10 50 yd Butterfly	32
33	11 & 12 50 yd Butterfly	34
35	13 & over 100 yd Butterfly	36
37	8 & under 25 yd Freestyle	38
39	9 & 10 50 yd Freestyle	40
41	11 & 12 50 yd Freestyle	42
43	13 & over 50 yd Freestyle	44
45	8 & under 25 yd Backstroke	46
47	9 & 10 50 yd Backstroke	48
49	11 & 12 50 yd Backstroke	50
51	13 & over 100 yd Backstroke	52
53	8 & under 50 yd Freestyle	54
55	9 & 10 200 yd Freestyle	56
57	11 & 12 200 yd Freestyle	58
59	13 & over 200 yd Freestyle	60
61	8 & under 25 yd Breaststroke	62
63	9 & 10 50 yd Breaststroke	64
65	11 & 12 50 yd Breaststroke	66
67	13 & over 100 yd Breaststroke	68
69	8 and under 100 yd Freestyle Relay	70

Female Event #	EVENT	Male Event #
71	9 & 10 200 yd Freestyle Relay	72
73	11 & 12 200 yd Freestyle Relay	74
75	13 & 14 400 yd Freestyle Relay	76
77	15 and over 400 yd Freestyle Relay	78